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Dynamic Psychotherapy with Adult Survivors: Living Past Neglect

Lori Bennett

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Dynamic Psychotherapy with Adult Survivors: Living Past Neglect Lori Bennett
Dynamic Psychotherapy with Adult Survivors: Living Past Neglect by Lori Bennett examines the aftereffects of emotional neglect in order to help clinicians to better serve survivors. Bennett makes an important contribution by expanding upon the definition of neglect to include emotional neglect while fostering a more profound understanding of the impact of childhood neglect upon adult survivors. The book compiles former clients' stories of recovery in order to illustrate and explore effective therapy and treatment techniques that will aid in the training of the clinicians who serve survivors of neglect.

How do young adults climb out of their histories of neglect? How can they hope to feel loved if they never experienced the love they needed in their families of origin? How do they combat the damage to trust? How do they learn to stop the self-blame over circumstances, to move beyond the past, and to embrace a new future? These questions are answered in *Dynamic Psychotherapy with Adult Survivors.*

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