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Essential oils: The #1 ultimate guide to essential oils and aromatherapy for beginners - Including weight loss and stress relief + bonus recipes (Essential Oils, Aromatherapy - Perfume Recipes)

Rachel Green

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The #1 guide to Essential oils and Aromatherapy is Finally Here! *** Bonus Perfume Recipes inside***

READY to Discover How to Effectively use Essential Oils and Aromatherapy?

Have you been looking for a Brilliant and Clearly laid out step by step guide/quick reference book on Essential oils and Aromatherapy that has pictures for your convenience with Tons of useful info, tips and much more?

This book was written to help YOU!

Essential oils are amongst Mother Nature's most effective remedies. To completely understand essential oils could take a lifetime of study - interesting most certainly but not always practical in today’s hustle and bustle.

That's why this book came into being - here I have compiled a number of recipes that are ready to use - all the recipes in this book have been tested for efficacy and safety and are ready to go.

This book will guide you through the world of Essential Oils and Aromatherapy and teach you everything you need to get started!

As a special bonus for you, this book also has amazing Perfume recipes you can make at home to get you started - the recipes are simple and easy to make. They come with a list of ingredients and directions!

No need to Buy Over-Priced Perfumes Again!

Here Is A Preview Of What You will learn when you invest in this book:

- Why you need to be aware of the amazing benefits of Essential Oils
- The difference between Essential Oils and Aromatherapy
- How Essential Oils work
- Essential Oils and your Safety
- 9 Different ways to use Essential Oils
- Essential Oils and Weight Loss
- How Essential Oils Relieve Stress
- Great Perfume Recipes you can Make at Home
- And much much more.....

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