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My Family Table: A Passionate Plea for Home Cooking

John Besh

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My Family Table: A Passionate Plea for Home Cooking John Besh
My Family Table is rooted in the American kitchen, reconnecting folks with 130 recipes for roasting, braising, frying, baking and all the other easy skills take-out readers have forgotten or never learned.

Gourmand World Cookbook Awards 2012: USA Winner, Best Easy Recipes Book

2012 IACP Award Winner in the Children, Youth and Family category

2012 James Beard Award Nominee

"Of the recently published books by gourmet chefs on home cooking (e.g., Jean-Georges Vongerichten's *Home Cooking with Jean-Georges* and Rick Tramonto's *Steak with Friends*), James Beard Award-winning Louisiana chef John Besh's latest is easily the most beautiful. This stunning volume is filled with intimate photographs of the Besh family in the kitchen, at the table, and outdoors with friends. Recipes like Risotto of Almost Anything and Whole Roasted Sole with Brown Butter reinforce Besh's Jamie Oliver-like argument that practical home cooking does not require reliance on processed products. Includes some excellent holiday recipes. Highly recommended." --*Library Journal*

Renowned chef and James Beard award-winner John Besh invites us into his home and shows us how we can put good, fresh, healthy food on the table for our families every day.

In *My Family Table*, the Iron Chef champion makes a case for the importance of home-cooked meals. "If I can help make a difference by cooking simply and sharing what I love to cook, I can possibly help us all use our passions and skills to make our lives better at almost every meal."

From organizing your kitchen and stocking your pantry to demystifying fish cookery, John Besh shares his favorite recipes he cooks with his family every day. Master recipes Risotto of Almost Anything and Creamy Any Vegetable Soup show you how to make the food without worrying about having the right ingredients or mastering complicated techniques. Filled with mouthwatering photographs of each recipe as well as showing John in his kitchen with his wife and four sons, *My Family Table* captures the spontaneity, intimacy, and fun of home-cooking and will inspire the nation back to the family table.

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