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Siren's Feast, An Edible Odyssey

Nancy Mehagian

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Siren's Feast, An Edible Odyssey

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Siren's Feast, An Edible Odyssey Nancy Mehagian
Set against the backdrop of the late '60s and early '70s, Nancy Mehagian's delicious memoir tells the tale of a young woman who heeded the siren's call to a life of freedom and romance. A first-generation Armenian American whose family narrowly escaped genocide, the rebellious daughter left behind the safety and security of suburban life for an unforgettable adventure that would find her establishing the first vegetarian restaurant on the Spanish island of Ibiza, having an affair with a Bedouin gypsy during a stint as a cabaret dancer in Syria, and through a series of mishaps, incarcerated for 16 months in a London prison (along with her newborn baby) where she managed, even there, to pioneer a healthy way of eating. A breathtaking, sensual and page-turning chronicle that whisks you along the author's lifelong path to spiritual enrichment, Siren's Feast, An Edible Odyssey, is a story that captures a colorful era and features over 40 recipes as delectable as the journey itself.

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