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The Looneyspoons Collection: Good Food, Good Health, Good Fun!

Janet Podleski, Greta Podleski

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The Looneyspoons Collection: Good Food, Good Health, Good Fun! Janet Podleski, Greta Podleski
Lick your lips and shrink your hips with
THE LOONEYSPOONS COLLECTION
Jam-packed with “the best of the best” Janet &
Greta recipes…made even BETTER!

- Better carbs
- Better fats
- More fiber
- Less sugar
- Less salt
- Same great taste that won’t go to your waist!

TLC features outrageously delicious, reader-favorite recipes from Janet & Greta’s incredibly popular cookbooks ***Looneyspoons,*** one of Canada’s all-time bestsellers; ***Crazy Plates,*** a James Beard Foundation Award finalist; and ***Eat, Shrink & Be Merry!,*** voted “Cookbook of the Decade 2000–2009” by Chapters/Indigo Books…

plus TONS OF NEW, MUST-TRY RECIPES,
including:

Greta’s Gluten-Free Miracle Brownies
Chewy, moist, double-chocolate fudge brownies

Honey, I Shrunk My Thighs!
Mouthwatering, honey-garlic baked chicken thighs
that will leave everyone begging for more

Moroccan and Rollin’ Quinoa Salad
The super-grain becomes super-scrumptious when
paired with rockin’ spices

Pimped-Out Pumpkin Pie Pancakes
One taste and you’ll say, “Thanks(for)giving me this
fabulous recipe!”

Diabetic? Looking for gluten-free or vegetarian options? Counting points? Cooking for finicky kids? *The Looneyspoons Collection* makes healthy eating delicious and fun for everyone!

A feast for your eyes and your taste buds, *TLC* is overflowing with gorgeous, full-color food photos; hundreds of practical weight-loss, anti-aging and healthy-living tips; and, of course, a heaping helping of Janet & Greta’s trademark corny jokes and punny recipe titles.

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