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Clean Eating Box Set

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This Clean Eating Bundle Contains

- **Eat Your Way To A Natural & Amazing Tan**
- **Salads And Spiralizers**
- **Wheat Belly Diet**

Eat Your Way To A Natural & Amazing Tan

The nature is filled with so many substances

whether its fruits, vegetables, herbals or any other. Each of these substances is somehow required by our body. Whatever you eat affects your body; some positively while others negatively. It means that some of these ingredients must affect our skin as well.

- Introduction
- Eat These Vegetables To Get an Awesome Tan
- Juice Recipes
- Other Food Recipes
- Foods To Avoid
- Conclusion

Salads And Spiralizers

30+ Delicious, Healthy, Fresh Recipes For Your Salads And Spiralizers: Rigorously Vegan!

- Some Vegetarian Recipe Is Present As Well!
- Some Examples
- Cumin Cauliflower Cream Sauce With Carrot Noodles (Vegan)
- Spiralized Carrot Cinnamon Pudding (Dairy Free, Sugar Free)
- Brussels Sprout & Tangerine Couscous Salad
- Lebanese Lemon-Parsley Bean Salad

Wheat Belly Diet

What Does This Book Contain?

This book has proven strategy in a method of diet which targets especially the belly area of your body. You will not build abs with the help of this book and the book does not promise that too. What you will be able to do is to have a slick and smart belly without any fat in it.

- Introduction
- What is Wheat Belly Diet?
- Know About Calorie System
- Benefits of Wheat Belly Diet
- Recipes to Kill Wheat Belly
- Extra Things To Do To Lose Belly Weight
- Conclusion

If You're Serious About Eating Healthy, You Can't Miss This Box Set! Buy Now!

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Leroy Moore:

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