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The Nine Muses: A Mythological Path to Creativity

Angeles Arrien

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The Nine Muses: A Mythological Path to Creativity Angeles Arrien
A self-help book based on the stories of the nine Muses from Greek mythology, by a renowned teacher and anthropologist.

The author of the classic *The Tarot Handbook*, which has sold more than 200,000 copies, Angeles Arrien now provides a magical and practical guide, using as a creative road map the myths of the most famous literary songstresses and sources of creative inspiration--the nine daughters of Zeus.

In *The Nine Muses*, Arrien illustrates how we can inspire ourselves and see clearly the muses that abound in our own lives. She follows the stories of the Muses from Olympus, Mount Helicon, and the springs of Hippocrene that flowed from the spot struck by the hooves of Pegasus, explaining how to awaken and cultivate our gifts and talents. Like Apollo, who led the chorus of the Muses, Arrien directs readers in developing the qualities we crave to develop more fully: Instinct, Wisdom, Imagination, Life Force, and Intuitive Understanding.

Full of illustrations from Greek art, mythical stories, and assignments and exercises designed to help readers in creative endeavors--whether artistic, personal, or business-oriented--*The Nine Muses* demonstrates a wisdom that is as familiar and remarkably powerful now as it was for the Greek Gods.

* illustrated throughout with photographs and line drawings

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