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Embrace of the Daimon: Healing through the Subtle Energy Body/ Jungian Psychology and the Dark Feminine

Sandra Lee Dennis

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Have you wrestled with uncanny, nightmarish imagery in dreams or waking? Life crises, trauma, deep meditation, prayer or inquiry can unleash surprisingly compelling yet scary, even revolting, imagery and related feelings. With few maps to help navigate this terrain, we are tempted to deny or repress our experience.

Precipitated by a descent into the dark recesses of her own psyche, Sandra Dennis explores the eruption of strange, wild, compelling characters from the unconscious that she calls ‘daimons.’

The Greeks understood the daimon as the intermediary between gods and humans, the guardian spirit assigned at birth that connects heaven and earth. These messengers come as agents of inner transformation. When we welcome them with understanding and compassion, they expand our consciousness and connect us with healing qualities of strength, compassion and vision.

Foreword Review Book of the Year 2013 Finalist — Mind/Body/Spirit
USA Best Book Awards 2014 Winner — Philosophy
Next Generation Indie Book Awards 2015 Winner — New Age

This book leads us to this growing edge of the psyche and invites our curiosity and caring. It charts a course of radical acceptance of experience — no matter how painful or difficult — as absolutely necessary for our well-being and the well-being of the planet.

Sandra Dennis brings a spiritual context to what most disturbs us. She offers a simple method to navigate these alarming images and anxieties. Instead of treating them as perversions to banish, we are encouraged to embrace their primal power becoming more intelligent, loving and whole in the process.

"Embrace of the Daimon" can help:

• Calm your concerns by understanding the role of these daimonic images in the larger context of growth to wholeness, or individuation.

• Find the courage to explore these states of mind with more intimate, compassionate interest.

• Learn to navigate your way through the unusual sensations that often accompany breakthroughs of the daimonic.

• Expand your understanding of Jungian theory, with regard to the little explored mind/body connection role in personal development.

"Embrace of the Daimon" offers a rare look at this inner landscape and will help make your own trip, or that of those you are helping, less harrowing.

Reviewers have called 'Embrace of the Daimon' -- "a pioneering work, a courageous and important book," "a significant contribution to the study of altered states of consciousness," "original and profound," "a rare documentation of unconscious processes","a work that advances our understanding of a descending spirituality tremendously," "eloquently descriptive," "deeply moving," re-imagines the work of integrating shadow to find beauty and dignity," "bridges the worlds of the scholar and the visionary" and "takes us to the radical edge of Jungian psychology today."

One reader commented, "It is the only contemporary firsthand account of the day-to-day practice of mystical depth psychology that I have come across. I find it a very practical guide to my own inner and psychic realm journeys."

Another called it "the most honest work on the psychoid/imaginal realms since Corbin...the engagement with the archetypal invasions, more like Jung in the Red Book than the scholarly Corbin."

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From reader reviews:

Wilhelmina Kane:

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Do you one of people who can't read enjoyable if the sentence chained within the straightway, hold on guys this kind of aren't like that. This Embrace of the Daimon: Healing through the Subtle Energy Body/ Jungian Psychology and the Dark Feminine book is readable by simply you who hate the perfect word style. You will find the facts here are arrange for enjoyable examining experience without leaving even decrease the knowledge that want to give to you. The writer regarding Embrace of the Daimon: Healing through the Subtle Energy Body/ Jungian Psychology and the Dark Feminine content conveys the thought easily to understand by lots of people. The printed and e-book are not different in the articles but it just different available as it. So , do you even now thinking Embrace of the Daimon: Healing through the Subtle Energy Body/ Jungian Psychology and the Dark Feminine is not loveable to be your top record reading book?

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Playing with family in the park, coming to see the marine world or hanging out with good friends is thing that usually you could have done when you have spare time, then why you don't try point that really opposite from that. 1 activity that make you not experiencing tired but still relaxing, trilling like on roller coaster you have been ride on and with addition details. Even you love Embrace of the Daimon: Healing through the Subtle Energy Body/ Jungian Psychology and the Dark Feminine, you may enjoy both. It is good combination right, you still need to miss it? What kind of hangout type is it? Oh occur its mind hangout men. What? Still don't buy it, oh come on its named reading friends.

Carl Melton:

In this period globalization it is important to someone to receive information. The information will make a professional understand the condition of the world. The condition of the world makes the information easier to share. You can find a lot of referrals to get information example: internet, classifieds, book, and soon. You can see that now, a lot of publisher this print many kinds of book. The book that recommended to you is Embrace of the Daimon: Healing through the Subtle Energy Body/ Jungian Psychology and the Dark Feminine this book consist a lot of the information from the condition of this world now. This specific book was represented just how can the world has grown up. The words styles that writer use to explain it is easy to

understand. The actual writer made some research when he makes this book. Honestly, that is why this book acceptable all of you.

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