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The Addiction Solution: Unraveling the Mysteries of Addiction through Cutting-Edge Brain Science

David Kipper, Steven Whitney

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A revolutionary and empowering paradigm in treating addiction based on groundbreaking new science.

For decades addiction has been viewed and treated as a social and behavioral illness, afflicting people of "weak" character and "bad" moral fiber. However, recent breakthroughs in genetic technology have enabled doctors, for the first time, to correctly diagnose the disease and prove that addiction is an inherited, neuro-chemical disease originating in brain chemistry, determined by genetics, and triggered by stress.

In their groundbreaking The Addiction Solution, David Kipper, MD, and Steven Whitney distill these exciting findings into a guide for the millions of adults who want to be free from the cycle of addiction, and for their loved ones who want to better understand it and to help. It draws on composite case histories to illustrate how the innovative Personal Recovery Program works by customizing treatment for a diverse group of addicts abusing a wide variety of different substances?from the first day of treatment to its successful resolution. The result is a complete guide to a world made brand-new by this enormous paradigm shift in the treatment of addiction.

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