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The Pastor and the Prayer: Addiction Recovery Through Living The Serenity Prayer

Tom Peers

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This is the story of a pastor becoming so depressed that he incrementally isolated, became addicted to alcohol, resigned ministry, and then sought help. More than that, it's the story of the steps he took to recover, and the prayer that God used to open up a whole new world of spiritual and emotional health. It is the story of a "second conversion."

You will learn:.
• The foundational emotion that drives all addiction.
• The remedy to overcome that emotion.
• How to live in the reality of the full Serenity Prayer.
• Concrete action steps for recovery.
• The balance between acceptance and resistance.
• The difference between desires and expectations.
• Four key attitudes necessary to maintain emotional sobriety.

Part 1: The Pastor: The author's own story.
Part 2: The Prayer: A line-by-line explanation of the full Serenity Prayer.
Part 3: The Prescription: Identifies the root problem of addiction and its remedy.

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Loraine Brown:

Exactly why? Because this The Pastor and the Prayer: Addiction Recovery Through Living The Serenity Prayer is an unordinary book that the inside of the book waiting for you to snap it but latter it will distress you with the secret the idea inside. Reading this book alongside it was fantastic author who else write the book in such awesome way makes the content inside easier to understand, entertaining method but still convey the meaning completely. So , it is good for you because of not hesitating having this any longer or you going to regret it. This amazing book will give you a lot of rewards than the other book have got such as help improving your skill and your critical thinking method. So , still want to hesitate having that book? If I had been you I will go to the e-book store hurriedly.

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