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Complementary and Alternative Therapies for Epilepsy

Orrin Devinsky MD, Steven C. Shachter MD, Steven V. Pacia MD

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Complementary and Alternative Therapies for Epilepsy Orrin Devinsky MD, Steven C. Shachter MD, Steven V. Pacia MD
"Epilepsy is a difficult illness to control up to 35% of patients do not respond fully to traditional medical treatments. For this reason, many sufferers choose to rely on or incorporate complementary and alternative medicine (CAM) into their treatment regimens. Written for physicians, knowledgeable laypersons, and other professionals, *Complementary and Alternative Therapies for Epilepsy* bridges the worlds of traditional medicine and CAM to foster a broader perspective of healthcare for patients.

The book respects cultural differences that may incorporate alternative medicine into a medical management program, and encourages patients to safely continue receiving necessary medical treatments. Wherever possible, scientific evidence supports the choice of treatment modalities, as well as the effectiveness of a combined traditional and CAM approach. Readers will find incisive discussions in sections on:

- Learning to Reduce Seizures
- Asian, Herbal and Homeopathic Therapies
- Nutritional Therapies
- Alternative Medical Therapies
- Oxygen Therapies
- Manipulation and Osteopathic Therapies
- Music, Art, and Pet Therapies

From stress and epilepsy, to acupuncture, massage, craniosacral therapies, homeopathy, ketogenic diets, aromatherapy, hypnosis, and more, the book is all-inclusive and enlightening. Additional commentary by the editors provides a critical vantage point from which to interpret the data and viewpoints of the contributors, all experts in the therapies presented. This balanced, scientific approach will appeal to even those most skeptical of alternative therapies, making the book essential for every professional who seeks to provide the broadest range of effective patient care."

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