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Sources and Expressions of Resiliency in Trauma Survivors: Ecological Theory, Multicultural Practice

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Sources and Expressions of Resiliency in Trauma Survivors: Ecological Theory, Multicultural Practice
Examine the resiliency capacities of traumatized individuals and communities

Sources and Expressions of Resiliency in Trauma Survivors provides a framework for understanding how- and why-resiliency is essential to the challenges of post-traumatic recovery. This unique book examines how this framework applies to trauma survivors, treated and untreated, from culturally, politically, and economically diverse backgrounds, using qualitative and quantitative research findings, clinical case reviews, and narrative studies to consider the implications for clinical practice, community intervention, and social change in the wake of violence.

Sources and Expressions of Resiliency in Trauma Survivors provides practicing clinicians with new insights into the need for a full continuum of resources for traumatized groups, including: crisis response, individual psychotherapy and group treatment, victim advocacy, community intervention and social change. The book also helps clinicians and researchers become more familiar with theory-driven tools for use in psychological assessment, case formulation, treatment planning and outcome research, as well as for assessing resiliency in diverse groups of treated and untreated trauma survivors, identifying sources of risk and expression of resiliency; and examining how trauma survivors struggle to draw meaning from their experiences.

Topics examined in Sources and Expressions of Resiliency in Trauma Survivors include:

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