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Women, Stress, and Heart Disease

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The issue of women's health has long been neglected. This applies to many medical areas, but it has become most evident in the field of cardiology. For a long time, cardiology has been a medical specialty which seemed to be created for men, by men--particularly in research, but also in intensive clinical care units where male patients have been most visible and dominating. Furthermore, the clinical cardiologists--their doctors--have been predominantly male. It is easy to understand that most women think they will die from cancer rather than from heart disease, but this is not true. Heart disease is the leading cause of death for women as it is for men. Female patients are frequently encountered in the cardiology department, but they are older and seem to get less visibility and attention than the male patients. Research on risk factors for heart disease has also been almost entirely focused on men. This is true for psychosocial/behavioral aspects of cardiovascular risk.

Aiming to fill this gap, this volume contains contributions from outstanding international and national researchers from different fields such as sociology, psychology, epidemiology, cardiology, clinical medicine, and physiology. These professionals gathered together for an interdisciplinary seminar on women, stress, and heart disease held at the Swedish Society of Medicine. Based on the seminar, this book provides a solid foundation for empirically based scientific conclusions on this important subject.

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Lisa Knight:

Women, Stress, and Heart Disease can be one of your beginner books that are good idea. Most of us recommend that straight away because this reserve has good vocabulary that can increase your knowledge in words, easy to understand, bit entertaining however delivering the information. The writer giving his/her effort that will put every word into enjoyment arrangement in writing Women, Stress, and Heart Disease although doesn't forget the main place, giving the reader the hottest along with based confirm resource data that maybe you can be one among it. This great information may drawn you into brand-new stage of crucial considering.

Patricia Welling:

This Women, Stress, and Heart Disease is great publication for you because the content which can be full of information for you who else always deal with world and get to make decision every minute. This particular book reveal it facts accurately using great arrange word or we can declare no rambling sentences included. So if you are read this hurriedly you can have whole data in it. Doesn't mean it only gives you straight forward sentences but difficult core information with beautiful delivering sentences. Having Women, Stress, and Heart Disease in your hand like getting the world in your arm, facts in it is not ridiculous 1. We can say that no reserve that offer you world within ten or fifteen minute right but this publication already do that. So , this really is good reading book. Hey Mr. and Mrs. busy do you still doubt that will?

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