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# How to Have Magnificent Sex: Improve Your Relationship and Start to Have the Best Sex of Your Life

*Lana Holstein M.D.*

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# How to Have Magnificent Sex: Improve Your Relationship and Start to Have the Best Sex of Your Life

*Lana Holstein M.D.*

**How to Have Magnificent Sex: Improve Your Relationship and Start to Have the Best Sex of Your Life** Lana Holstein M.D.
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In this groundbreaking book, Dr. Lana Holstein gives new insights into our intensely complex sexual needs, explains how to use the sensual and
the aesthetic to heighten orgasm, and instructs readers on using the soul connection to intensify their sexual experience. She weaves the joys of a vital sexual connection into seven ways in which we can get in touch with our bodies and our sexual energy. From the biologic to the sensual to the desire dimension and beyond, **How to Have Magnificent Sex** is a positive, empowering book filled with excellent advice about your body, your partner’s body, and how to enjoy them both to the fullest.

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