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Witch in the Kitchen: Magical Cooking for All Seasons

Cait Johnson

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Witch in the Kitchen: Magical Cooking for All Seasons

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Witch in the Kitchen: Magical Cooking for All Seasons Cait Johnson
A book of recipes, spells, and rituals for celebrating our connection to the Earth and her seasons.

• Redesigned to focus on all eight pagan holidays.

• Includes new spells, rituals, and meditations, as well as 80 vegetarian recipes.

• Written by practicing witch Cait Johnson, coauthor of *Celebrating the Great Mother* (12,000 copies sold).

The beliefs of Wicca are rooted firmly in the earth--in the gradual circling of her seasons and the bounty and blessings she provides. In *Witch in the Kitchen: Magical Cooking for All Seasons*, practicing witch Cait Johnson celebrates the sacred in each season with more than 80 soul-satisfying and appetizing recipes. In engaging and inviting prose, the author provides rituals, spells, and meditations for the eight pagan holidays, inspirations for creating a kitchen altar, and ways to prepare for each season. She offers ideas for decorating your kitchen with objects of power and magic--eggs symbolizing fertility in spring, dried orange slices as reminders of the sun in mid-winter--to align our bodies, spirits, and senses to the pace and mood of the Earth's changes. Above all are the recipes for delicious, sensuous salads, soups, main dishes, and desserts made from ingredients in tune with the Earth's seasonal gifts. Serve Stuffed Acorn Squash and Fig-Apple Crumble at a Samhain gathering; celebrate Winter Solstice with Pomander Salad and Savory Yuletide Pie; welcome Imbolc with Sprouted Spring Salad and Magic Isle Pasties; or share the harvest at Lughnasad with Spicy Stir-Fried Greens and Sunny Peach Pie. With its recipes, rituals, and reminders of our ancient connections to the seasons, *Witch in the Kitchen* invites you to honor yourself and the Earth and delight in the magic that comes from sharing good food with good company.

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